# **Resume**

# Bio-data:

Name :NGIMATENZINGSHERPA

Date of Birth:1991 April 18

Gender : Male

Address : Thamo, solukhumbu, Nepal Father's name : PASANG RITA SHERPA

Mother's name: DATI SHERPA

**Contact address:** 

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# **Oualification:**

S.N	Degrees	Institutions	Date	Remarks
1.	School Leaving Certificate	Khumjung secondery school	2008	63%
	(SLC)			

# Languages:

• International : English

• Local : Nepali and Sherpa

## **Trainings:**

SN	Trainings	Institutions	Date
1.	Trekking guide Training	Nepal Academy of Tourism and Hotel Management	2014
2.	Basic Mountaineering Course	Khumbu Climbing Center	2013
3.	Advance Mountaineering course	Khumbu Climbing Center	2015
4.	Basic Mountaineering Training	Nepal Mountaineering Association	2018
5.	Basic Mountain Navigation Training	Nepal Mountaineering Instructors Association	2018
6.	Introductory Rock climbing Training	Nepal Mountaineering Instructors Association	2018
7.	Basic Mountain Rescue Training	Nepal Mountaineering Instructors Association	2018
8.	High Mountain Rescue Training	Nepal Mountaineering Instructors Associatio	2019
9.	Advance Mountaineering Training	Nepal Mountaineering Association in	2019/2020
10.	Wilderness First Aid Course	KEEP Nepal	2020
11	RECCO basic Course	Nepal Mountaineering Association	2020
12.	Customer care and Risk Assessment course	KEEP Nepal	2021
13.	Oxygen system course	Summit Oxygen	2021
14.	Rock climbing level-1	Nepal Mountaineering Instructor Association	2021

#### **Experiences:**

- 2013 spring-worked as support climber with Alpine Ascent Int'l, reached up to south col of Mt.everest
- 2014/15 spring- worked with Alpine Ascent Int'l Everest expedition team
- 2014 autumn summited island peak with Alpine ascent Int'l peak trekking team
- 2016 spring- Summited Mt. Everest via north route with shangrila nepal chilian Everest expedition team
- 2016 autumn-worked with Alpine Ascent Int'l chooyu exp team, reached camp 3
- 2017spring -worked with Alpine Ascents Int'l everest team ,reached to south col
- 2017 autumn summited Mt. Manaslu with climbalaya trek manaslu exp team and reached till 6100masl of larkya peak with climbalaya trek larkya exp team
- 2018 Spring Summitted Mt. Everest as Climbing Sherpa with Alpine Ascents Everest Expedition Team.
- 2018 Autumn Summited Mt. Amadablam as climbing Sherpa with Alpine Ascents Amadablam Exped Team.
- 2019 Spring Summited Mt. Everest as Climbing Sherpa with Alpine Ascents Everest Expedition Team.
- 2019 Autumn-worked as Climbing Sirder for Ticino Mt. Himlung Expedition Team and Summitted Mt. Himlung.
- 2021 Spring- Worked as Climbing Sirder for Climbalaya Mt. Everest Expedition on South side of Everest
- 2021 Autumn- Worked as Climbing Sirder for Climbalaya Mt. Manaslu Exped Team
- 2022 & 2023- worked as Climbing Sirder for Alpine Ascents on Mt. Everest and Mt. Manaslu.
- 2023 autumn- Summitted Mt. Mera peak as a guide with Alpine Ascents.
- 2024- summitted Mt. Everest as sirder (Guide) with Alpine Ascents.

### **Summited Mountains**

- Mt. Everest 4 times (1 time from North and twice from South)
- Mt. Manaslu 1 time
- Mt. Himlung -1 time
- Mt. Amadablam- 1 time
- Island peak- 4 times
- Labuche peak- 3 times
- Mera Peak-1

### **Trekking Experience**

- Everest Basecamp & Kalapathar Trek 12 times
- Manaslu Circuit trek- 4 times
- Nar-phu valley trek- once
- Mera peak- once
- Island peak- 4 times
- Labuche peak- 3 times
- Three high passes trek- 3 times
- Gokyo valley trek- 6 times

Started Guiding since 2010 as assistant guide and continuing guiding till date.

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